



Safety and Security Training

- Hostile Environment
- First Aid and Basic Life Support
- Digital Security
- Trauma Awareness
- Disaster Risks
- Women's Safety

One of the major programs of the CCJD in partnership with the International News Safety Institute (INSI)-Asia is Safety and Security Training for journalists and media staff in the Philippines and in the Asian region. For grant funded training, priority is given those journalists working in danger zones, are threatened or harassed, unable to afford the training on their own, are freelancers or are working with community news media.

The training on Journalist Safety and Security includes modules on **Hostile Environment** which combine classroom and practical scenarios on:

1. Risk assessment with personal safety and security
2. Weapons awareness and cover from fire
3. Detecting and avoiding IEDs
4. Detecting and avoiding surveillance
5. Hostage taking and surviving captivity
6. Negotiating checkpoints
7. Covering riots and civil disturbances
8. Vehicle security and safety

First Aid and Basic Life Support covers lessons on:

1. Primary and secondary surveys
2. Addressing bleeding (e.g. gunshot wounds)
3. Cardio pulmonary resuscitation (CPR)
4. Fractures and burns
5. Triage and evacuation

The training package also tackles modules on **Digital Security** covering such topics as invisibility in the Web, email security, using passwords the right way, etc.

Trauma Awareness provides journalists and media staff an opportunity to assess their stress levels and how to cope with situations that may lead to stress. It also covers sessions on how to provide, and ask for, peer support.

Women's Safety addresses crucial elements in a hostile environment that make women more vulnerable such as gender discrimination, sexual torture or abuse and other security issues that hamper the performance of women journalists.

Disaster Risks is an updated module on covering disasters and natural calamities and is usually organized in partnership with the Center for Disaster Preparedness (CDP).